

Everything you need to
know for your

Spray Tan



Before your appointment

Use an organic soap and lotion daily for a week leading up to your spray tan

ABSOLUTELY NO DOVE

48 hours before, exfoliate your body with an organic soap and exfoliating mit. Do not use an exfoliating scrub

Do all waxing 48 hours before or 24 Hours before, shave areas you usually would. Do not shave the day of your appointment it may result in an uneven tan





The Day of Your Appointment

Do not wash your hair the day of your appointment. Please wash it the day before.

Do not shower the day of your appointment. If you need to do a rinse make sure it is at least 4 hours before your appointment

Do not put on any lotion or perfume the day of and do not have on any makeup or deodorant for your appointment.



What to wear/bring

Please bring or wear dark loose fitting clothing. You will want cotton black long sleeves and pants

Do not wear a bra after the spray.

Wear loose shoes, no socks or sneakers.

The tan will transfer with skin to skin contact. Do not change into shorts/short sleeve after the spray

Blondes please keep your hair up until after you rinse





Do's & Don'ts

Do:

- plan to do nothing until your rinse time
- avoid skin to skin contact
- drink out of a straw
- stay/sleep in long sleeve & pants
- trust the process

Don't:

- get wet until your rinse time
- wash your hands immediately after the spray
- put on short sleeve/shorts and let your arms-hands touch your legs
- ignore after care instructions



Post Tan

After care instructions will be given to you after your tan. Please do not take a full shower at your rinse time. Do not use soap or wash your body/hair. Rinse in luke warm water until the bronzer has washed off.

The bronzer you see immediately after your tan is a guide for me. It will wash off with your first rinse and you will appear lighter. The tan will continue to develop for 24 hours.



After spray vs. after rinse

